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Team Australia 2005 Coaches Announced

Triathlon is pleased to announce the 2005 Age Group World Championship Coaching positions.

In a new initiative designed to develop the skills of Australian coaches at the elite level, Triathlon Australia released a tender in March requesting interest from qualified coaches who wished to work with the Duathlon World Championship team, the Long Course World Championship team and the World Triathlon Championship Team.

Triathlon Australia was pleased to receive a number of high quality applications from affiliated coaches around Australia.

On Monday 18 April 2005 the winning coaches were notified and Triathlon Australia is pleased to announce that:

Melbourne based coaching company, **Tri-Alliance**, will be providing all coaching services to the Duathlon and Olympic Distance teams, whilst Sydney based company **Aeromax**, with well known long distance athlete/coach Grant Giles at the helm, will be providing the Long Course Team with coaching services for the longer version of our sport.

With over 600 athletes to service Tri-Alliance has an enormous job ahead of them. Ollie Allan, along with Rachel Allan, Bob Kelly and Jarrod Evans; Head Coaches of Tri-Alliance are looking forward to the challenge ahead. Ollie indicated that Tri-Alliance had some great surprises in store for the athletes, "we will be utilising our web site to provide the athletes with an interactive tool, which will enable them to access their programs and monitor their progress over the sixteen weeks. Athletes will also have access to our comprehensive training articles and exercise library."

Grant, who will be looking after over 40 athletes, is excited at the prospect of working with the Australian Team. "I am excited to play my part in the World Championship journey. With 40 Long Course athletes I will be providing a personal service that will have all the members ready for action, come August"

As each team is announced more information will be forthcoming to team members. But rest assured your race fitness is in excellent hands with these great Aussie coaches.